

Electrical hypersensitivity (EHS) in a nutshell: Summary

Summary - Short version

This website, made by and for electro-hypersensitive persons, deals with the phenomenon of "Electical hypersensitivity". A small percentage of extensive computer users develops a hypersensitivity towards electric and electromagnetic fields emitted by PC and TV screens and several other pieces of electric and electronic equipment in home and office. Symptoms vary and range from itching, dizziness and headache to skin rashes and intense fatigue. Labour may become impossible altogether. Social isolation may follow. Here, equipment threatening health are identified and their fields measured. Possible interference between fields and biological matter is discussed. Strategies to minimize such fields and the necessity to avoid exposure are put forward. We argue that for electro-hypersensitives life becomes bearable only if dramatic changes in their electric environment are made. Health officials should be aware of these phenomena. A working group of electro-hypersensitives has been established in 2003.